Join In Story Journeys

Overview

This activity gives children an interactive storytelling experience inspired by the outdoors. By choosing natural items to support the story, they can develop their fine and gross motor skills in a fun and engaging way.



Activities

Encourage children to choose a favourite story and sit in a comfortable space with room to move.

As the adult reads, pause to let the children act out parts of the story, using found or pre-collected items to support the narrative.

Equipment

- Storybook
- Selection of loose part play items (stones, pinecones, sticks)
- A space to tell the story
- Seating if needed (stumps, hammocks blankets, carpet tiles).

Key Questions

"I wonder…" questions to encourage independent selection of object

" Can you move…?" questions to encourage different types of movement.

The Benefits

- Fine: to strengthen finger and hand skills through selecting (grasping loose parts and in hand manipulation).
- Gross: to embed and practice vestibular processing and proprioception acting out the story.

Progression in Learning

- Infants – can listen to the story, track items with their eyes and begin reaching, grasping, and exploring objects.
- Toddlers – can choose objects with some prompting, using a radial palmar grasp and developing hand-eye coordination. They begin experimenting with proprioception and using their growing postural control.