Exploring Sound

Overview

Simple sensory prompts can help parents and carers to tap into playful moments. Try drawing attention to the senses through natural materials and spaces.



Activities

Explore the nursery garden using the sense of hearing. Cover your eyes and listen to the sounds in your outdoor spaces. Go on a sound walk and count how many different sounds you can hear. Use your fingers to remember each thing.

You can 'hear like a deer' if you cup your hands behind your ears then cup them the other way to listen behind you. Notice how the sound changes when you move your hands.

Equipment

- Sticks for tapping or percussion
- Blindfolds or hats to cover eyes.

Key Questions

What can you hear?
Where are the sounds coming from? When is it loud?
When is it quiet?
How does… make that sound?

Learning Outcomes

- Understanding the world. Curiosity, awe, and wonder.
- STEM – exploring ideas about sound, how it moves and what makes noises.

Progression in Learning

- Use sticks for percussion. Rattle the railings and tap the stumps. Do they make the same noises? Why? Why not?
- Sing nursery rhymes and songs relating to nature.