Build a Bubble Lab

Overview

Bubble play is a simple yet immersive play, it is accessible for even the youngest children; strengthening and embedding fine and gross motor skills through having fun!



Activities

Prepare a container with bubble mixture, place tools such as wands, sieves, pipe cleaners and quoits for the children to create bubbles of different shapes and sizes.

Moving around the space makes the bubbles shimmer and shine while floating off or being popped by the children.

Place the tray on the floor for children to stand in and using a hoop create giant bubbles around them.

Equipment

- Container – such as a tuff tray
- Bubble mixture (can be washing up liquid and water mix)
- Tools for bubble making – wands, sieves, pipe cleaners, smooth quoits, large hoop.

Key Questions

Can you follow the bubbles journey through the air?

What happens if you put your finger/ hand in the bubble?

Can you move your body while using your bubble wand to create a bubble trail?

The Benefits

Fine: grasping and gripping, hand-eye co-ordination, oral motor skills.

Gross: whole-body experience encourages large muscles skills, balancing, spatial awareness.

Progression in Learning

Infants – Blowing bubbles around the child encourages hand-eye co-ordination, tracking the bubble movement, reaching out to touch.

Toddlers – Bubble play is a big gross motor experience, manipulating their bodies to follow, pop and starting to blow bubbles using tools.