

Head, Heart, and Hands



Overview

Deepening our emotional connection to the natural world so that sustainable behaviours grow naturally from that sense of care.

Activities

Head – think about nature.
Staff walk slowly around their space and discuss what they can see - weather, seasonal objects. Find something that you haven't noticed before.

Heart – connection to nature.
Choose a natural object and imagine if this object could speak, what story would it tell?

Hands – care for nature.
Put the object in a place that would be useful to wildlife.



Equipment

- Natural objects
- Tablet to take photos on the walk
- Story stones – images of nature drawn on them
- Climate Adapted Grounds Audit – LtL

Key Questions

- What did your head help you notice?
- What did your heart help you feel?
- What did your hands help you create or care for?

Learning Outcomes

To mirror a child's approach to learning about the environment through thinking, feeling, and doing.

To model the everyday actions children can take to develop respect and responsibility for nature.

Progression in Learning

- Story stones with natural images drawn on them.
- I can see the sun. It is hot. I can find shade/make a shelter from the sun.
- I can see the rain. It is wet. I can put out a container to collect water for animals to drink.